

# YES

**Fruit & veggie scraps**  
(THE SMALLER, THE BETTER)  
**PEEL OFF STICKERS!**

**Spoiled fruit or veggies**

**Eggshells** (NOT whole eggs)

**Nutshells**

**Coffee grounds & filters**  
**Loose tea**

**Stale bread, crackers,  
cereal, snacks, etc.**

**Leftovers** NO meat or dairy)

**Food-soiled paper towels**

**Paper napkins** (undyed only)

**Paper bags, TP rolls**  
(torn into pieces)

**Newspaper - shredded**

**Houseplants** (unless diseased)

# NO

**Labels/stickers from fruit  
or vegetables**

**Meat, poultry, or fish**

**Whole eggs** (shells are OK!)

**Dairy products**

**Fats & oils**

**Used facial tissues**

**Cat litter**

**Dog poop**

**Paper towels used with  
cleaning products**

**Wax-coated or colored  
paper products** (takeout  
containers, paper plates, napkins)

**Glossy paper or cardboard**  
e.g., cereal boxes, magazines

**Disposable items labeled  
“compostable”**